



## It's that time again... CHRISTMAS IS HERE.

It's that time of year again. December has come and with it all the joys of Christmas. But what is Christmas? Christmas is the gifts under the tree, the lights in the windows, the cards in the mail, stockings hanging in the living room, shouts of "Merry Christmas" to those who pass us in the streets but most of all its the time we spend with the people most important to us.

### Benji's Tip



### Competition Winner

The **winner** of the 'Guess how many Jelly Beans' was Jordan, Congratulations Jordan on your big jar of Jellies!



Everyone at Drop of Life is busy writing letters to Santa this month, we have a mailbox set up at reception so we can have all the letters posted directly to Santa before Christmas, come in and write your 'Wish List' to Santa. Hope you have all been nice this year.



*From everyone here at Drop of Life, we would like to say a big Thank you to all our beautiful clients that have made 2015 so special, We hope you all have a very MERRY CHRISTMAS and a Extremely HAPPY NEW YEAR.*

# Drop of Life Team



## **NATALIE TURVEY**

Natalie Turvey is a registered psychologist and Clinical Hypnotherapist. She has over 16 years' experience in a wide range of settings such as Adult Mental Health, school leavers, child safety, forensic psychology, disabilities, and child and adolescent mental health.



## **TRUDY GOSCH**

Trudy Gosch is an Accredited Mental Health Social Worker and Accredited Youth Mental Health First Aid Instructor who has been working in the field of Child, Youth and Family Mental Health for the past 11 years. Trudy works with the broad spectrum of mental health concerns including depression, anxiety, grief and loss, trauma resolution, attachments and relationships, self-esteem and identity.



## **PAMELA HARDING**

Pamela Harding is an experienced psychologist working with clients who are experiencing difficulties that are impacting significantly on their quality of life, relationships and opportunities. Pamela works extensively with adults, children, adolescents, and families. She is an IABA (Institute for Applied Behaviour Analysis) trained clinician and has extensive experience working with clients with disabilities.



## **LOUISE DEMPSEY**

Our friendly Administration Officer Louise is always here to help.



## **BENJI THE GREAT**

is an Animal Assisted Therapist who loves long walks and listening to peoples problems without judgement. He is 2 1/2 year old (which is a mature 25 in doggy years!) and has been working in the clinic since he was 6 weeks old.