



April 2017

Go Blue for Autism



Each year on April 2, World Autism Awareness Day, iconic buildings across Australia and the world turn their lights blue to promote autism awareness. In support of this global initiative, Autism Queensland asks people Go Blue for the month of April to help raise awareness and funds to help us support Queenslanders of all ages living with ASD and their families

WHAT IS AUTISM?

When someone has Autism Spectrum Disorder (ASD), it means that their brains are wired differently to other people. However the symptoms of ASD vary enormously from person to person.

People with ASD find it difficult to interact socially and communicate with others. As they often have difficulty understanding what other people are feeling and what interests' others, they might say the wrong thing.

They might talk for a long time about a topic they really like, as they are unaware that the topic is of no interest to others. They may not use gestures and body language, in the way that other people do. For example they may not use eye contact and may not smile. However, their ability to communicate can vary tremendously, with some people with Autism having no or limited speech, and others having extensive vocabularies.

Although people with ASD can find it difficult to talk to people and make friends, they still have the same emotions as anybody else and love to have friends, even if it's hard.

People with ASD also like things to happen the same way. They might take the same route to school or the shops, or line up their toys in a particular order. If something is out of place or if routines change without warning, they can get upset or worried.

They may also be bothered by sudden loud sounds, bright lights or unexpected touch that do not bother others. They may become upset if someone hugs them or talks too quickly or loudly.

They often have intense interests in particular topics and may be extremely knowledgeable about their special interest areas. They can also have an amazing memory for detail.

Every person with Autism is different to another and has their own way of seeing the world, which makes them interesting and unique.

Reference: www.goblueforautism.com.au/

SHOW YOUR SUPPORT AND GO BLUE FOR
AUTISM!

[Register Now](#)

[Donate Now](#)

Or for more information.....

Visit the website below

[Go Blue for Autism](#)



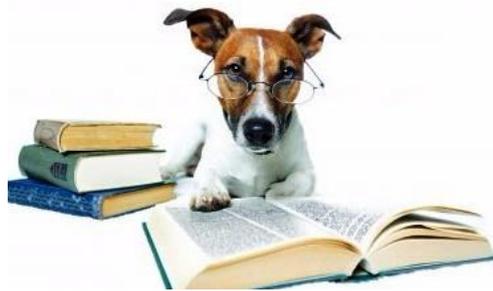
Go Blue on April 2
for World Autism Awareness Day

autismspectrum.org.au/WAAD

EXCITING NEWS

Natalie and Benji will be busy this month doing some extra training (not that Benji needs it because he's so smart... but Natalie may do!) They will be training so they can join the Variety Queensland Therapy Dog Team to professionally provide entertaining and fun visits to functions/events and care facilities.

If you are interested in what Variety Queensland is or want to get involved,
please click on link below



[Variety Queensland](#)



A tip from

Benji



BE A PINEAPPLE:
STAND TALL,
WEAR A CROWN,
AND BE SWEET
ON THE INSIDE



**We are thrilled to tell you that Drop
Of Life will be gaining a new team
member in
BABY FORM!!!**

**Our wonderful receptionist, Jasmine is expecting a baby...
HOW EXCITING!!!**

Jasmine is the second receptionist to fall pregnant in the last 2 years
(we think its the chair).

Louise delivered a baby girl early last year and is still helping us
here behind the scenes at Drop Of Life.

I wonder if it will be a **Boy** or **Girl**?

Due: September 2017



BLOG UPDATE

Take a look..

Our team at Drop Of Life have been gathering information from their learning and experience and have brought it to the practice.

To tease out years and years of knowledge is tough and as a result, the disclaimer of our blogs are that some are our formulations of what works and some are other people's information and learning that we admire and agree with.

We have been tackling subjects such as:

- A message to parents and carers about the importance of caring for yourself.
- "Have 3x30 daily and call me in the morning"
- How Can I Manage Stress?

- Grief and loss in children with intellectual disabilities.
- What do woman really want?
- Conforming to the norm.
- The arrival of the new baby and adjusting to parenting.
- Therapy with kids and teens.
- Depression.
- The tough teen years.
- How to teach your children Emotional Intelligence.

If you are interested in reading more about these topics or would like to subscribe to our blog, please click link below.

[Drop Of Life Blogs - Please Click Here](#)



MATTHEW

You've won the

WHOLE JAR

of

JELLY BEANS

Please see Jasmine at Reception to collect!

Competition Time!

In light of Jasmine's pregnancy announcement, this months competition will be....

GUESS THE

GENDER

Please see Jasmine at reception for more details.



ONLINE BOOKINGS

NOW AVAILABLE

With

HealthKit

Each of our providers has their own link on our website

www.dropoflife.com.au

or click on the link below and get started

Drop of Life Team



NATALIE TURVEY

Natalie Turvey is a registered psychologist and Clinical Hypnotherapist. She has over 17 years' experience in a wide range of settings such as Adult Mental Health, couples therapy, school leavers, child safety, forensic psychology, disabilities, child and adolescent mental health.



TRUDY GOSCH

Trudy Gosch is an Accredited Mental Health Social Worker and Accredited Youth Mental Health First Aid Instructor who has been working in the field of Child, Youth and Family Mental Health for the past 11 years. Trudy works with the broad spectrum of mental health concerns including depression, anxiety, grief and loss, trauma resolution, attachments and relationships, self-esteem and identity.



PAMELA HARDING

Pamela Harding is an experienced psychologist working with clients who are experiencing difficulties that are impacting significantly on their quality of life, relationships and opportunities. Pamela works extensively with adults, children, adolescents, and families. She is an IABA (Institute for Applied Behaviour Analysis) trained clinician and has extensive experience working with clients with disabilities.



TRACY DE BEER

Tracy is passionate about infant and child mental health, and supporting parents to have secure and positive relationships with their children. She uses a strengths-based, attachment-focussed, family-centred approach, building on the individual and/or family's strengths to enhance therapeutic outcomes.



JASMINE SLATER

Our friendly Administration Officer Jasmine is always here to help.



LOUISE DEMPSEY

Our friendly Administration Officer Louise is currently away on maternity leave but is still helping behind the scenes.



BENJI THE GREAT

is an Animal Assisted Therapist who loves long walks and listening to peoples problems without judgement. He is 3 year old (which is a mature 28 in doggy years!) and has been working in the clinic since he was 6 weeks old.



[Forward](#)



[Pin](#)



[Share](#)

Follow us

Facebook: facebook.com/dropoflife

Instagram: instagram.com/Dropoflife____

Please visit our website for more information
about Drop Of Life

www.dropoflife.com.au

[Drop Of Life Website](#)

Copyright © 2017 Drop of Life, All rights reserved.

Our mailing address is:

Shop 6, 109 West Burleigh Road
BURLEIGH HEADS QLD 4220

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#)

This email was sent to natalie@dropoflife.com.au

[why did I get this?](#) [unsubscribe from this list](#) [update subscription preferences](#)

Drop of Life · Shop 6, 109 West Burleigh Road · Burleigh Heads, Qld 4220 · Australia

MailChimp