

Lest We Forget....



Drop Of Life remembers all the men and woman who fought so we can live in this beautiful country..

Anzac Day is a national **day** of remembrance in Australia and New Zealand that broadly commemorates all Australians and New Zealanders "who served and died in all wars, conflicts, and peacekeeping operations" and "the contribution and suffering of all those who have served

Facts about Anzac Day

- The ANZACs were all volunteers.
- April 25, Anzac Day, was the day the Australian and New Zealand Army Corps landed on the Gallipoli Peninsula in 1915.
- 25 April, was officially named ANZAC Day in 1916.
- The first dawn service on an ANZAC Day was in 1923.

- There is no town called “Gallipoli”. It is the name of an area. Visitors to Gallipoli usually stay at nearby towns – like Eceabat.
- The term ANZAC is protected under Australian law.
- More than 11,000 ANZACs died at Gallipoli and more than 23,500 were wounded.
- Services are held at dawn because in battle, dawn was the best time to attack the enemy. Soldiers would wake in the dark so at the first signs of light they were alert and awake.
- The original Anzac biscuit was known as an Anzac wafer or tile and was part of the rations given to the ANZAC soldiers during World War I. They were included instead of bread because they had a much longer shelf life.
- The Poppy as a symbol comes from Canadian John McCrae’s WWI poem. In Flanders Fields. It was used as a symbol by the Canadians for their Remembrance Day, and has been adapted as a reminder of the loss of all veterans in all wars.
- The wearing of rosemary on ANZAC Day is done as a mark of respect for the men who never returned from Gallipoli, or indeed, later wars. The wearing of it honours the memory of those brave men.
- The ‘Last Post’ is incorporated into funeral and memorial services as a final farewell and symbolizes that the duty of the dead is over and that they can rest in peace.
- In Tonga, Samoa, Cook Islands and Niue, ANZAC Day is also commemorated to honour their soldiers who participated to the campaign.

- ANZAC Day is commemorated in the village of Harefield in Middlesex just outside of London because of a quirk in history. In 1914, millionaire Sydney expat Charles Billyard-Leake offered his manor home and 250 acres of parkland for injured Australian troops to recoup. It was imagined 50 soldiers in winter, 150 in summer would be catered for. But by the following year and post Gallipoli, it had become a fully-fledged hospital with 1000 beds just for Australian soldiers. More than 50,000 wounded Diggers passed through the home, which became known as Number 1 Australian Auxiliary Hospital.

We'd just like to mention...

Our beloved Social Worker, Trudi, is having a well deserved rest. Trudi will be back in full swing on Monday 16th May 2016.



[Benji's Tip](#)

THE GREATEST
PLEASURE IN LIFE
IS DOING
WHAT PEOPLE
SAY YOU
CANNOT DO.

Winner, winner,

chicken dinner!

Congratulations to Savannah for guessing the amount of *Jelly Beans* in the jar from last months competition. You and the whole family can feast on jelly beans until your stomach hurts. ENJOY!



Competition Time

This month we will be hosting a COLOURING COMPETITION. If you would like to enter, please ask Jasmine at reception.

The winner will be announced next month and will receive something special.

Get colouring kids!!!



Drop of Life Team



NATALIE TURVEY

Natalie Turvey is a registered psychologist and Clinical Hypnotherapist. She has over 16 years' experience in a wide



TRUDY GOSCH

Trudy Gosch is an Accredited Mental Health Social Worker and Accredited Youth Mental Health First Aid Instructor who has been



PAMELA HARDING

Pamela Harding is an experienced psychologist working with clients who are experiencing difficulties that are impacting

range of settings such as Adult Mental Health, school leavers, child safety, forensic psychology, disabilities, and child and adolescent mental health.

working in the field of Child, Youth and Family Mental Health for the past 11 years. Trudy works with the broad spectrum of mental health concerns including depression, anxiety, grief and loss, trauma resolution, attachments and relationships, self-esteem and identity.

significantly on their quality of life, relationships and opportunities. Pamela works extensively with adults, children, adolescents, and families. She is an IABA (Institute for Applied Behaviour Analysis) trained clinician and has extensive experience working with clients with disabilities.



LOUISE DEMPSEY

Our friendly Administration Officer Louise is currently away on maternity leave and will be back at Drop Of Life around August 2016.



BENJI THE GREAT

is an Animal Assisted Therapist who loves long walks and listening to peoples problems without judgement. He is 2 1/2 year old (which is a mature 25 in doggy years!) and has been working in the clinic



JASMINE SLATER

Our friendly Administration Officer Jasmine is always here to help.

since he was 6 weeks
old.

 [facebook/dropoflife](https://facebook.com/dropoflife)  [Forward](#)

Please visit our website for more information about Drop Of Life

www.dropoflife.com.au

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